Strengthening the Evidence Base for Psychosocial Interventions - The Role of Adult Mental Health Social Workers :
A National Survey

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The Role of Adult Mental Health Social Workers : A National Survey

- 115 Responses (to date)

- Age Range:

  - 57.94 % aged 30 -44,

  - 38.32 % aged 55-66,

  - 3.74 % aged 21-29

- 80% Female, 20% Male

SOCIAL WORK GRADE – 113 RESPONDENTS

- Professionally Qualified / Basic Grade 51.33%

- Senior Practioner 2.65%

- Senior Social Worker 24.78%

- Team Leader Social Worker 11.50%

- Principal Social Worker 9.73%

AREA OF SOCIAL WORK– 114 RESPONDENTS

- Adult Community Mental Health Team 57.89%
- Rehabilitation and Recovery Team 7.89%
- Psychiatry of Later Life 8.77%
- Mental Health I.D. 2.63%
- Inpatient Unit Adult Mental Health 12.28%
- Principal not attached to a team 5.26%
- Team Leader not attached to a team 2.63%
- Other 12.28% (Forensic, homeless, liaison, early intervention psychosis, principal on a CMHT, Principal Primary Care & CMHT)

ADDITIONAL SPECIALIST MENTAL HEALTH TRAINING 102 RESPONDENTS

- WRAP Facilitation 53..92%

- BFT 45.10%

- Authorised Officer Training 26.47%

- DBT 24.51% and Family Connections (DBT) 12.75%

- Other 41.18% Including : 10 EOLAS Facilitators

  - 10 BFT Trainers / Supervisors

  - 5 Cert in MH Legislation

  - 2 CBT (Eating Disorders)

  - 2 Enhancing Teamwork Facilitator Training

ARE YOU INVOLVED IN ANY OF THE NATIONAL CLINICAL PROGRAMMES?

- Behavioural Family Therapy 55.84% (Including 10 Supervisor Trainers and 3 BFT Leads for their Region)

- Dialectical Behaviour Therapy Programme 33.77%

- Early Intervention First episode psychosis (EOLAS) 27.27% (Including 2 Co-Ordinators for EOLAS in their region)

- Mental Illness and Substance Abuse 5.19%

- Eating Disorders Service 6.49%

- Self Harm Presentation to ED 2.60%

DID INTERVENTION DIFFER FROM THE REASON FOR REFERRAL

Yes, in over 70% of cases

- 'Frequently' in over 45% of cases

- 'Very Frequently' in 25% of cases

MENTAL HEALTH SOCIAL WORK CASEWORK – CATEGORIES OF INTERVENTION

Top Five:
1. Housing/Homelessness Issues 88.89%
2. Advocacy (within own or with other services) 79.01%
3. Discharge planning 79.01%
4. Consult/Advise MDT on Child Protection Issues 79.01%
5. Long term care planning/placement issues 77.78%

MENTAL HEALTH SOCIAL WORK CASEWORK – CATEGORIES OF INTERVENTION

- Consult/Advise MDT members on Vulnerable Adult Issues 77.78%

- Psychosocial Assessment 76.54%

- Work with Family Dynamics 74.07%

- Counselling Self Esteem/Assertiveness 72.84%

- Facilitated Family Meetings 71.60%

MENTAL HEALTH SOCIAL WORK CASEWORK – CATEGORIES OF INTERVENTION

- Complex Social Welfare Issues 70.37%

- Counselling adjustment reaction to Illness or Disability 67.90%

- Counselling adjustment reaction to Relationship Breakup 66.67%

- Home Care Supports 66.67%

- Family Collateral Assessments 65.43%

MENTAL HEALTH SOCIAL WORK CASEWORK – CATEGORIES OF INTERVENTION

- Support accessing Legal Rights 65.43%

- Counselling Intimate Partner Violence 59.26%

- Counselling Bereavement / Grief 58.02%

- Family Therapy/ Counselling (with individual) 58.02%

- Family Therapy/ Counselling (with family) 58.02%

MENTAL HEALTH SOCIAL WORK CASEWORK – CATEGORIES OF INTERVENTION

- Behavioural Family Therapy (BFT) 58.02%

- Counselling Refugee/Migrant/Asylum Seeker issues 54.32%

- Intimate Partner Violence 53.09%

- Early Life Attachment/Tracing 48.15%

- Counselling adjustment reaction to Job Loss 46.91%

ADDITIONAL MANAGEMENT AND SUPERVISION TRAINING

- Postgraduate Higher Diploma in practice teaching, supervision and management x 8

- MA Healthcare Management

- MA Advanced Healthcare Practice

- BA Business & Risk Management

- Diploma in Project Management

- Advanced Diploma Dynamics of Mental Healthcare Management (Psychotherapy)

- Diploma Quality Healthcare & Leadership (RCPI)

- Higher Diploma in Healthcare Management

- Certificate in Health Services Management

ADDITIONAL TRAINING ASIDES FROM SOCIAL WORK TRAINING IN ANY OTHER AREA

- M Litt in Mental Health, MSc Mental Health & I.D.

- Masters in Family Support Studies , BA Community & Youth Work

- Certificate in Crisis Pregnancy Counselling

- Postgraduate Diploma in Child Protection and Welfare

- Advanced Diploma in Asylum and Immigration Law, Diploma in Family Law, Diploma in Legal Studies

- Certificate in Mediation & Conflict Resolution