



Autistic Lived Experience

A Reflective Perspective



WHO ARE ASIAM?

AsIAM is Ireland's National Autism Charity.

AsIAM was founded in 2014 by our CEO Adam Harris based on his experiences growing up as an Autistic person in Ireland.



Adam Harris
Founder/CEO AsIAM

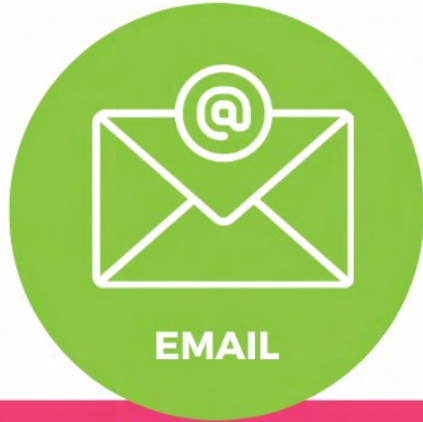
Adam believed then and still believes now, that many of the challenges Autistic people face are not and should not be considered 'inevitable'.

AsIAM works to support the Autistic Community and our families to fully engage in Irish life and to build the capacity of society to facilitate true inclusion.

**"Our Vision is an Ireland where EVERY Autistic person is accepted
'As They Are'
- equal, valued & respected"**



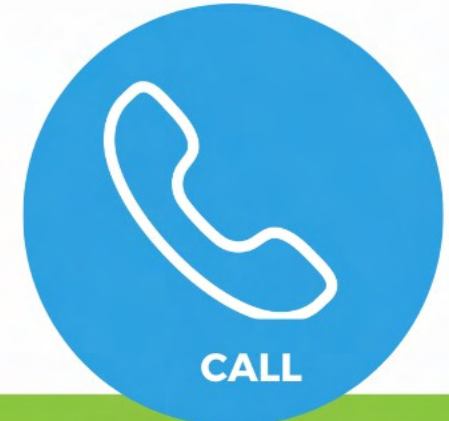
Contact the Information Line



EMAIL

support@asiam.ie

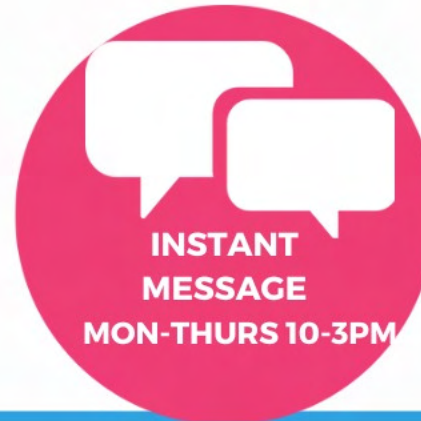
MON-FRIDAY 9-5PM



CALL

0818 234 234

MON-THURS 10-3PM



WWW.ASIAM.IE



Powered By:





AUTISM I.D. CARD

Name:

Date of Birth:

Valid To:

I.D. Number:

AS I AM .IE

www.asiam.ie



AMANDA MC GUINNESS
TRAINING OFFICER

✓ amanda@asiam.ie

www.asiam.ie

✓ RCN: 20144838

@AsIAMireland





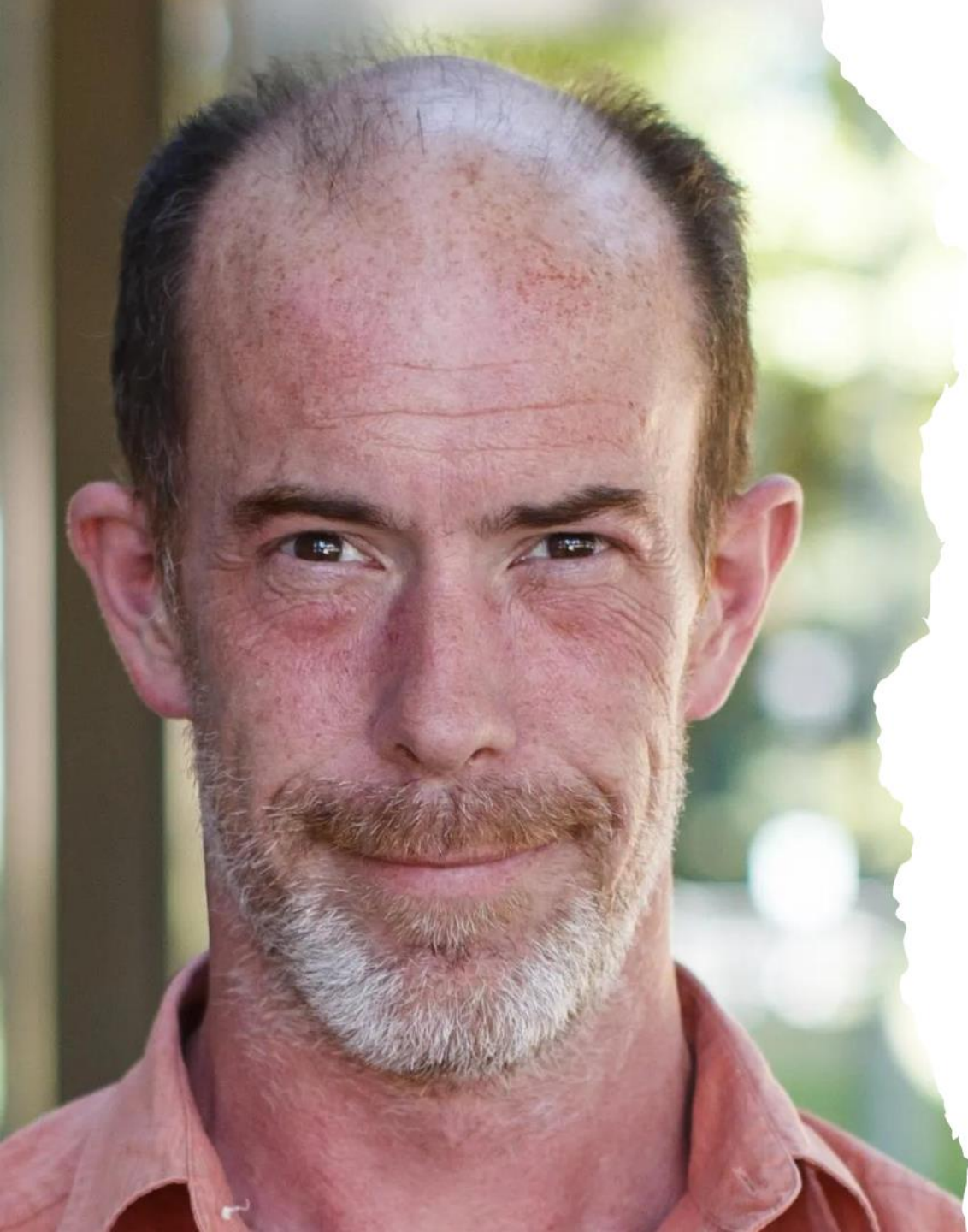
**Here I lie,
I lie awake, and in
this dream, I hope
to take, a strong
way out
before I break.
Here I lie,
I lie awake.**

Amanda (8)



**"Be careful of your
words, you never
know how they
may fall upon a
person"
Dad**





Dr Damian Milton

Double Empathy Problem

**Both Autistic and
non-Autistic individuals
may struggle to
understand each others
thoughts - feelings -
behaviours - differences.**

Autistic Culture

Communication Differences

Home Is Haven

Visual Processing Strengths

Hyperphantasia

Rewatching Shows

Sensory Differences

Stimming

Hyperfocus Strengths

Info-Dumping

Listening to Music on repeat

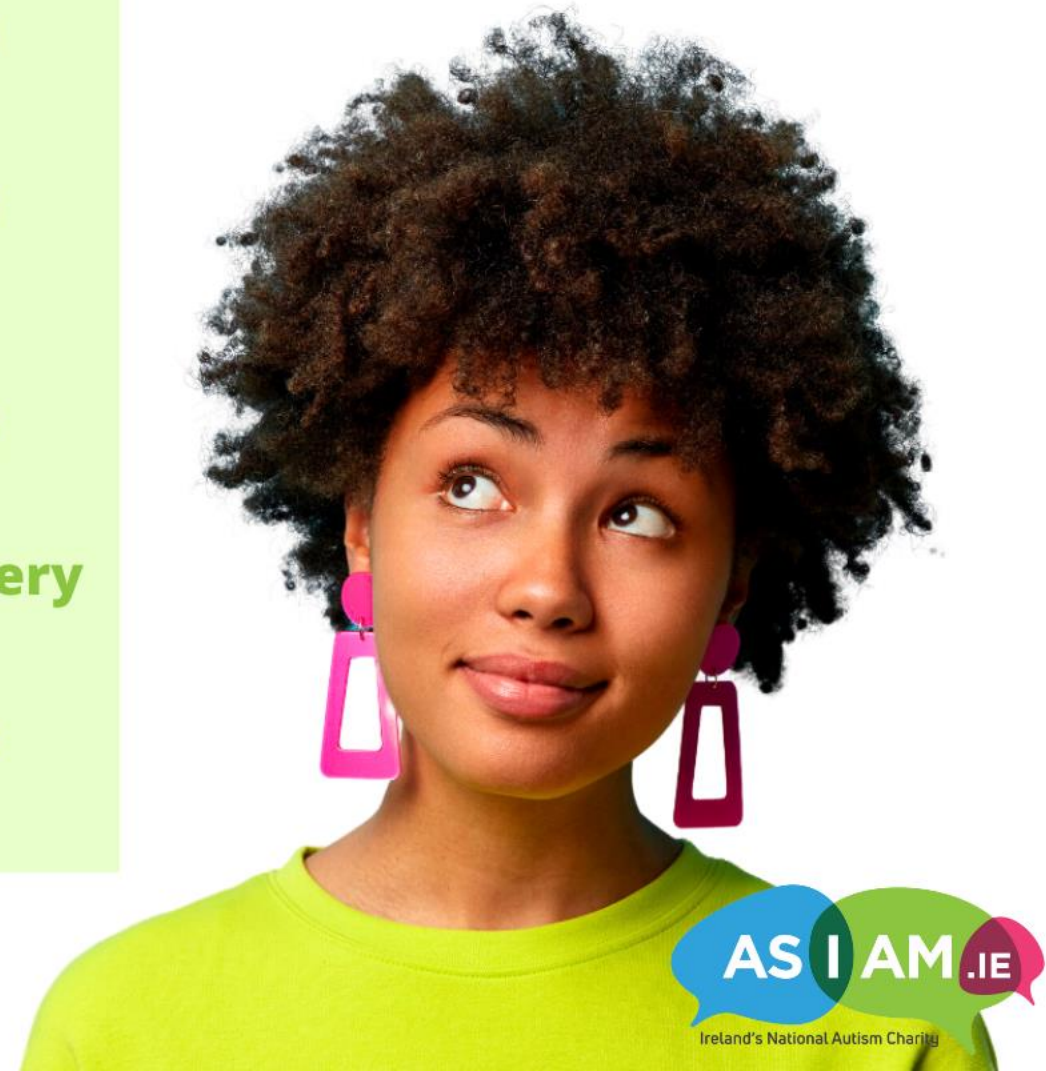
Lateral Thinking

Routines

Special Interests

Social Battery

Autistic Play



AS I AM .IE

Ireland's National Autism Charity



Dr Luke Beardon

Theories

Golden Equation

Autism + Environment = Outcome

Golden Concept

PNT concepts need to be translated before they are applied to Autistics

Global Stability

Create global stability to support Autistic individuals.



Global Stability

Dr Luke Beardon

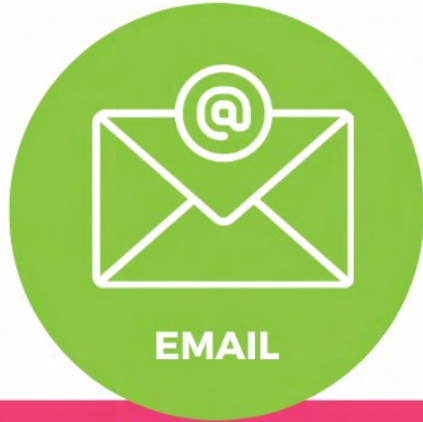
- **Understanding self & others**
- **Effective communication**
- **Engage in special interests**
- **Embrace Autistic Culture**
- **Unmasking**
- **Environmental Assessment**
- **Neurokin**
- **Contingency Plans**
- **Support Stimming**
- **Autistic Love Languages**



**I saw that
you were
different
and I loved
you all the
more.**

Author Unknown

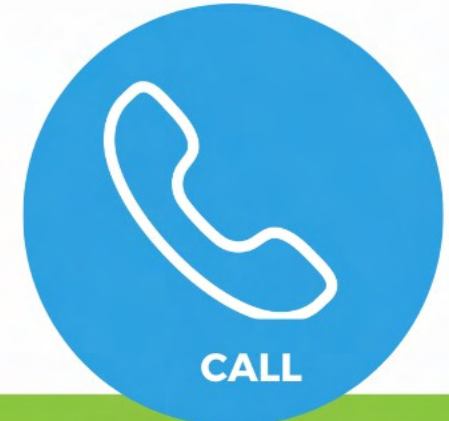
Contact the Information Line



EMAIL

support@asiam.ie

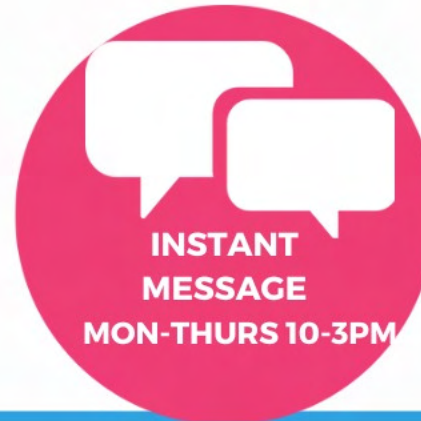
MON-FRIDAY 9-5PM



CALL

0818 234 234

MON-THURS 10-3PM



INSTANT
MESSAGE

MON-THURS 10-3PM



WWW.ASIAM.IE



Powered By:





Thank You



Donate

