





Who is it for?

For all Health and Social Care Professionals including managers, seniors, clinical specialists, staff grade and practitioners with experience of reflective practice in the health service who want to gain a better understanding of reflective practice.

Outcomes

By the end of the modules you will be able to:

- **Define** reflective practice and its purpose;
- Use a reflective practice framework;
- Write reflectively;
- Explore reflective enquiry, critical reflection, and reflexivity;
- Support CORU requirements.

Duration

The modules are divided up into two sections:

- Introduction to Reflective Practice for HSCP 75 minutes approx.
- HSCP with Experience of Reflective Practice* 50 minutes approx.

*Introduction to Reflective Practice must be completed prior to commencing second section HSCP with Experience of Reflective Practice.

Resources are accessible on completion of the module.

Accessing Introduction to Reflective Practice for HSCP

- Login to www.hseland.ie
- In the search toolbar, enter Reflective Practice and select search
- Select the Reflective Practice link from the results and enrol/launch on the Introduction to Reflective Practice link.

